

1st Sunday of Advent

Year C

Sunday 1st December 2024

First Reading *Jeremiah 33:14-16*

A reading from the prophet Jeremiah

I will cause a good seed to spring forth from David.

See, the days are coming – it is the Lord who speaks – when I am going to fulfil the promise I made to the House of Israel and the House of Judah:

‘In those days and at that time,
I will make a virtuous Branch grow for David,
who shall practise honesty and integrity in
the land.
In those days Judah shall be saved
and Israel shall dwell in confidence.
And this is the name the city will be called:
The Lord-our-integrity.’

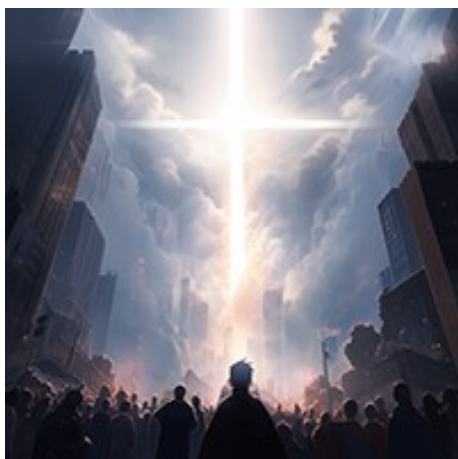
The word of the Lord

Responsorial Psalm

Ps 24:4-5. 8-9. 10. 14. R. v.1

(R.) To you, O Lord, I lift my soul.

1. Lord, make me know your ways.
Lord, teach me your paths.
Make me walk in your truth, and teach me:
for you are God my saviour. *(R.)*
2. The Lord is good and upright.
He shows the path to those who stray,
he guides the humble in the right path;
he teaches his way to the poor. *(R.)*
3. His ways are faithfulness and love
for those who keep his covenant and will.
The Lord’s friendship is for those who
revere him;
to them he reveals his covenant. *(R.)*



Second Reading

1 Thessalonians 3:12 – 4:2

A reading from first letter of St Paul to the Thessalonians

When Christ comes may he strengthen your hearts in holiness.

May the Lord be generous in increasing your love and make you love one another and the whole human race as much as we love you. And may he so confirm your hearts in holiness that you may be blameless in the sight of our God and Father when our Lord Jesus Christ comes with all his saints.

Finally, brothers, we urge you and appeal to you in the Lord Jesus to make more and more progress in the kind of life that you are meant to live: the life that God wants, as you learnt from us, and as you are already living it. You have not forgotten the instructions we gave you on the authority of the Lord Jesus.

The word of the Lord

Gospel Acclamation *Psalm 84:8*

Alleluia, alleluia!

Lord, show us your mercy and love,
and grant us your salvation.

Alleluia!

Gospel *Luke 21:25-28. 34-36*

A reading from the holy Gospel according to Luke

Your redemption is near at hand.

Jesus said to his disciples: ‘There will be signs in the sun and moon and stars; on earth nations in agony, bewildered by the clamour of the ocean and its waves; men dying of fear as they await what menaces the world, for the powers of heaven will be shaken. And then they will see the Son of Man coming in a cloud with power and great glory. When these things begin to take place, stand erect, hold your heads high, because your liberation is near at hand.

‘Watch yourselves, or your hearts will be coarsened with debauchery and drunkenness and the cares of life, and that day will be sprung on you suddenly, like a trap. For it will come down on every living man on the face of the earth. Stay awake, praying at all times for the strength to survive all that is going to happen, and to stand with confidence before the Son of Man.’

The Gospel of the Lord

St. Mary's Parish Cowes Three Churches—One Parish

St Mary's—Cowes

Our Lady Star of the Sea—San Remo

St. Joseph's—Bass

Parish Priest: Father Manny Lomagno Parish Secretary: Kerry Laughton-McConnon

6 Cowes Rhyll Road Cowes 3922 PO Box 878 Cowes 3922 Telephone 59 525 418 Email cowes@cdsale.org.au

Office Hours: Wednesday 9.30am –2.30pm Parish Safeguard Officer: Brendan Marrinon.

Mass/Liturgy of the Word with Holy Communion Times

Star of the Sea—San Remo

Tuesday 9.15am Mercy Prayer followed by the Rosary & Mass at 10am. Mass Saturday 6pm

St Joseph's—Bass

Mass Sunday 11 am

Liturgy of the Word & Holy Communion—Wed 9am

Adoration & Prayer Wed 9.30am-10am & 7-8pm

St Mary's—Cowes Mass Sunday 9am. Wednesday, Thursday & Friday 9am. Reconciliation Saturday 10-11am.

Anniversaries: We remember and pray for Fr. Frank Young and

Fr. David Cagney

Memorial: St. Francis Xavier, Tuesday 3rd December, St. Ambrose, Saturday 7th December.

Holy Hour: At St. Mary's, Cowes on Saturday 7th December beginning at 10am and concluding with Benediction. All Welcome.



REFLECTION

by Fr Michael Tate © Fr Michael Tate; mta-
te@bigpond.com

The Coming of our Saviour

Sometimes our own lives, the life of the Church, the life of societies and nations cry out for Our Lord Jesus Christ to come again right now and rescue us right now.

In some instances we can become conscious of Jesus' saving, transforming power in a particular situation. But, for the whole of humanity across the millennia, we do not know the day or the hour when death and all its warriors such as disease and violence, will be absolutely vanquished by Christ in glory.

This can lead to a type of pain which finds solace in all those things which dull the spirit. Our Lord gives examples: debauchery, drunkenness. Today he might have added 'living in the virtual world'. Rather, Our Lord wants us to live in the real world on high alert.

In the meantime each one of us can be a signal of what is to come. Each time we exhaust ourselves heroically loving someone whom others might abandon, each time we take a risk because we cry out against injustice, and in a myriad other ways, we signal that the Kingdom is already being established on earth.

We could pause for a moment to pray for the strength to be on high alert for the opportunities to translate the legacy of Jesus into our own time and place, thus giving reasons to each other for our faith and hope that Christ *has* come, Christ *is* risen, Christ *will* come again



The Light—Advent & Christmas Daily Reflection booklets are available at the back of the Church for \$5 each.



Bass Prayer Group on Monday 2nd December at 7pm. Contact Wendy Power 56 782271. All Welcome



Bible Studies will be on Wednesday, 4th December 10a.m. New participants are most welcome. For further information ring Nicholas on 0409 582 012



Diocesan Consultation – Phase 2 completed:

Phase 2 of the 2024 Diocesan Consultation has been completed. We sincerely thank every one who chose to contribute to the consultation meetings or submitted their responses online. A significant number of suggestions have been submitted to the question of, **“What pastoral priorities and actions the Holy Spirit is calling us as individuals and parish communities to focus on during the next five years to give renewed life and purpose to our shared mission?”**. The feedback is presently being compiled into a report that will be published in December.

Our attention is now focussed on the Diocesan Assembly that is being held at Marist-Sion College, Warragul, on the 14th and 15th of February 2025. At this assembly, some 232 delegates from parishes, schools, Diocesan bodies and organisations, and other Churches, will aim, (a) to acknowledge and affirm the strengths and best practices of our Diocese that we wish to continue to build on; (b) to identify the significant challenges we face in our Diocese as missionary disciples of Jesus Christ, and, (c) to gain a clear picture of which pastoral goals and actions need to be given priority over the next five years, for our Diocese to develop towards becoming more Christ-centred, synodal and missionary. Please join with the people of the Diocese in praying that the Holy Spirit will guide the planning and outcomes of this important event.

We are a child safe parish. Any children, young persons and adults at risk have a right to feel safe and be safe. If you are concerned about any form of abuse, or believe that someone is at significant risk, you should immediately raise your concerns with our Parish Safety Officer. He can be contacted through the Parish Office. Ph 03 59 525 418



Christmas Appeal.

St. Vincent de Paul Appeal will be a leaving collection on the weekend of the 14/15th December. Envelopes are at the back of the Church



St Vincent de Paul Society
good works



News from Our Lady Star of the Sea

Another very busy week at Our Lady Star of the Sea. Our 2025 preps were very excited to be participating in their digitech lesson. Some of our classes were able to be part of a trial for the new CFA curriculum and teachers and

student gave excellent feedback to the presenters to assist them in finalising the new lessons. On Wednesday after school all staff were invited to work on unpacking our latest school Improvement Surveys. Friday the juniors had a walk to Erechon Point as part of their inquiry unit 'Together we can make a difference'. Don't forget our Trivia night on Friday 6th December at the Golf club, please see Michelle in the office.

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