

15th Sunday in Ordinary Time

Year B

Sunday 14th July 2024

First Reading *Amos 7:12-15*

A reading from the prophet Amos

Go, prophesy to my people.

Amaziah, the priest of Bethel, said to Amos, 'Go away, seer; get back to the land of Judah; earn your bread there, do your prophesying there. We want no more prophesying in Bethel; this is the royal sanctuary, the national temple.' 'I was no prophet, neither did I belong to any of the brotherhoods of prophets.' Amos replied to Amaziah, 'I was a shepherd, and looked after sycamores: but it was the Lord who took me from herding the flock, and the Lord who said, "Go, prophesy to my people Israel."

The word of the Lord

Responsorial Psalm *Ps 84:9-14. R. v.8*

(R.) Lord, show us your mercy and love,
and grant us your salvation.

1. I will hear what the Lord God has to say,
a voice that speaks of peace,
peace for his people.
His help is near for those who fear him
and his glory will dwell in our land. **(R.)**
2. Mercy and faithfulness have met;
justice and peace have embraced.
Faithfulness shall spring from the earth
and justice look down from heaven. **(R.)**
3. The Lord will make us prosper
and our earth shall yield its fruit.
Justice shall march before him
and peace shall follow his steps. **(R.)**



Second Reading *Ephesians 1:3-10*

A reading from the letter of St Paul to the Ephesians

Before the world was made, God chose us.

Blessed be God the Father of our Lord Jesus Christ, who has blessed us with all the spiritual blessings of heaven in Christ.
Before the world was made, he chose us, chose us in Christ,
to be holy and spotless, and to live through love in his presence,
determined that we should become his adopted sons, through Jesus Christ
for his own kind purposes,
to make us praise the glory of his grace,
his free gift to us in the Beloved
in whom, through his blood, we gain our freedom, the forgiveness of our sins.
Such is the richness of the grace
which he has showered on us
in all wisdom and insight.
He has let us know the mystery of his purpose,
the hidden plan he so kindly made in Christ from the beginning
to act upon when the times had run their course to the end:
that he would bring everything together under Christ, as head,
everything in the heavens and everything on earth.

The word of the Lord

Gospel Acclamation *See Ephesians 1:17-18*

Alleluia, alleluia!
May the Father of our Lord Jesus Christ
enlighten the eyes of our hearts
that we might see how great is the hope
to which we are called.
Alleluia!

Gospel *Mark 6:7-13*

A reading from the holy Gospel according to Mark

He called the Twelve, and began to send them out.

Jesus summoned the Twelve and began to send them out in pairs giving them authority over the unclean spirits. And he instructed them to take nothing for the journey except a staff – no bread, no haversack, no coppers for their purses. They were to wear sandals, but, he added, 'Do not take a spare tunic.' And he said to them, 'If you enter a house anywhere, stay there until you leave the district. And if any place does not welcome you and people refuse to listen to you, as you walk away shake off the dust from under your feet as a sign to them.' So they set off to preach repentance; and they cast out many devils, and anointed many sick people with oil and cured them.

The Gospel of the Lord

St. Mary's Parish Cowes Three Churches—One Parish

St Mary's—Cowes

Our Lady Star of the Sea—San Remo

St. Joseph's—Bass

Parish Priest: Father Manny Lomagno Parish Secretary: Kerry Laughton-McConnon

6 Cowes Rhyll Road Cowes 3922 PO Box 878 Cowes 3922 Telephone 59 525 418 Email cowes@cdsale.org.au

Office Hours: Wednesday 9.30am –2.30pm Parish Safeguard Officer: Brendan Marrinon.

Mass/Liturgy of the Word with Holy Communion Times

Star of the Sea—San Remo

Tuesday 9.15am Mercy Prayer followed by the Rosary & Mass 10am. Saturday 6pm

St Joseph's—Bass

Mass Sunday 11 am

Liturgy of the Word & Holy Communion—Wed 9am

Adoration & Prayer Wed 9.30am-10am & 7-8pm

St Mary's—Cowes Mass Sunday 9am

Thursday & Friday 9am. Sat Reconciliation 10am to 11am

Anniversaries: We remember and pray for Kathleen Rogan

Memorial : St. Bonaventure, Monday 15th July

Baptism: This weekend Matthew & Caitlin Thompson celebrate the Baptism of their daughter Isla at St. Mary's Cowes. Congratulations and every Blessing to you all.



REFLECTION

by Fr Michael Tate

The Big Picture sets you free

As St Paul would have put it in terms of modern science, before the cosmos was big-banged into existence, before human creatures evolved over the aeons, before you were loved into existence through your parents, *God conceived of you*, 'God chose you in Christ'.

The universe was erupted into existence by Divine Ecstasy so that creatures might be drawn to evolve into human beings so that you, personally, might enjoy a wonderful destiny.

That destiny is to be an ensouled body totally transfigured by Divine Light, made radiant by Divine Energy, living through love in God's presence.

That is the Big Picture, the 'Very Big Picture'. Grasp that, or rather be grasped by that, and it will enable you to do things you would otherwise not risk doing. One way could be that portrayed in today's Gospel. Jesus could say to his missionary followers: "take no purse, no haversack" because they had an interior freedom from anxiety about the future, a freedom generated from knowing that they had been divinely loved even before time began.

You might take a moment to pray for the courage to make a generous response to the truth spoken directly to you by St Paul. 'Before the world was made, He chose you, chose you in Christ'

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Bible Studies will be on Wednesday, 17th July 10a.m. New participants are most welcome. For further information ring Nicholas on 0409 582 012



Popes Prayer intention for the month of July:

For Pastoral Care of the Sick The Holy Father asks "for the sacrament of the Anointing of the Sick to give strength from the Lord to those who receive it and their loved ones, becoming a visible sign of compassion & hope for everyone."



Bass Prayer Group on Monday 15th July at 7pm. Contact Wendy Power 56 782271. All Welcome



AUSTRALIAN CATHOLIC
MIGRANT & REFUGEE OFFICE

Conference Theme: "Welcoming Seasonal Workers in Australia: Gift and Responsibility"

The 7th ACMRO National Conference will be held from 18 July to 19 July 2024 at ACU Melbourne. This conference will provide delegates with an opportunity for formation through the lens of Gospel values and the Catholic Church's social justice teachings. It will specifically emphasise the moral responsibility to ensure that migrant workers are treated justly and with respect while working in Australia. For more information & registration, please visit <https://acmro.catholic.org.au>

Catholic Earth care a part of Caritas Australia, is inviting you to join the Season of Creation Convocation! Date: Thursday, Sept 12th – Saturday, 14th September

Cost: \$100 for 3 days. Groups of 4 or more receive a 50% discount! You can also register for 1 or 2 days with the same group discount.

The Diocesan Hub experience includes morning tea and lunch.

For more information and to register, visit <https://www.caritas.org.au/soc-convocation>.



We are a child safe parish. Any children, young persons and adults at risk have a right to feel safe and be safe. If you are concerned about any form of abuse, or believe that someone is at significant risk, you should immediately raise your concerns with our Parish Safety Officer. He can be contacted through the Parish Office. Ph 03 59 525 418

JUNE-JULY: Parish Diocesan Consultation meeting: Phase

1 – Review

During June and July, everyone in the Diocese of Sale is invited to participate in the First Phase of the Diocesan Consultation. The aim of this first consultation is to look back over the past five years (2019 to 2024), and together, to reflect on the question: "As people of faith and mission, what has God's Spirit been doing in and through us during these past five years?" The simple meeting process invites participants to be guided by God's Word and prayer, to engage in attentive listening to themselves, to each other, and to the Holy Spirit, using a method called, 'Conversations In The Spirit'. This will be explained at the meeting. It is important that everyone's stories, memories and perspectives are heard. Please use the ' Consultation and Assembly Prayer' to help prepare yourself for this exciting opportunity in our Diocese.



our stories,
our church,
our mission.
Diocese of Sale

Diocesan Consultation:

Meetings will be held on Thursday 18th July at St. Mary's Cowes at 11am. Our Lady Star of the Sea, San Remo at 2pm, St. Mary's, Cowes at 7pm.

Reflection & Discussion will focus upon 3 Questions

What experiences during 2019 to 2024 have had a significant impact on our lived experience of faith, and as faith communities?

What important pastoral initiatives, activities, or developments have occurred since the 2019 Diocesan Assembly?

What are our greatest strengths as a Catholic community / Diocese?

The key focus question for the Conversation In The Spirit will be:

"When or where do I experience the Gospel, and our mission, most alive in our parish community and/or Diocese?"

Let us continue to pray to the Holy Spirit to open our hearts and minds to engaging in this process of prayerful listening and sharing.

All Parishioners are invited. Names on sheet at the back of the Church

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